


Dunmore Elementary May Breakfast Menu Breakfast

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk	2 Warm Bagel with Cream Cheese Choice of Fruit or 100% Fruit Juice Low Fat Milk	3 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk	4 Pancakes Sausage Wrap Choice of Fruit or 100% Fruit Juice Low Fat Milk	5 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk
8 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk	9 Mini Pancakes with Syrup Choice of Fruit or 100% Fruit Juice Low Fat Milk	10 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk	11 French Toast Sticks with Syrup Choice of Fruit or 100% Fruit Juice Low Fat Milk	12 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk
15 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk	16 Waffles with Syrup Choice of Fruit or 100% Fruit Juice Low Fat Milk	17 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk	18 Ham, Egg, and Cheese on a Bagel Choice of Fruit or 100% Fruit Juice Low Fat Milk	19 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk
22 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk	23 Egg and Cheese on an English Muffin Choice of Fruit or 100% Fruit Juice Low Fat Milk	24 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk	25 Breakfast Pizza Choice of Fruit or 100% Fruit Juice Low Fat Milk	26 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk
29 NO SCHOOL TODAY 	30 Warm Bagel with Cream Cheese Choice of Fruit or 100% Fruit Juice Low Fat Milk	31 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk	Pancakes with Syrup Choice of Fruit or 100% Fruit Juice Low Fat Milk	2 Whole Grain Cereal, Assorted Muffins and Pastries Choice of Fruit or 100% Fruit Juice Low Fat Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Daily Alternate Options May Include:

- Banana or Blueberry Muffins
- Chocolate Chip Oatmeal, Apple Cinnamon, or Banana Chocolate Chunk Breakfast Bars
- Warm Grab & Go Breakfast Sandwiches
- Fortified Breakfast Pastries
- Warm Bagels
- Yogurt

Variety of Fresh Fruit, and 100% Fruit Juice



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White

Proud to manage your food service program



Meal Prices:
 Paid \$1.30
 Reduced \$.30

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