

Dunmore High School May Lunch Menu



Food Service Director: Amy Costanzo
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The Grille

Monday-Popcorn Chicken with Sliced Bread
 Tuesday-Chicken Tenders with Sliced Bread
 Wednesday-Hot Wing Hoagie
 Thursday - Hot Wing Panini
 Friday -Steak and Cheese Wrap

The Garden

Assorted Salads offered Weekly Including:
 Grilled Chicken Salad
 Antipasto Salad
 Chicken Caesar Salad
 Garden Salad with Cheese
 Chef Salad

The Pizzeria

Offered Daily:
 Pepperoni Pizza
 Cheese Pizza

Check the menu for Friday's featured pizza option!

Grab & Go

Monday-Cheeseburger
 Tuesday-Breaded Chicken Sandwich
 Wednesday-Corn Dog Nuggets with Bread
 Thursday-Breaded Chicken Sandwich
 Friday-Chicken Nuggets with Sliced Bread

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hot Ham and Cheese on a Pretzel Bun Steamed Corn Mixed Fruit Low Fat Milk	2 Pasta with Meat Sauce and Whole Wheat Bread Green Beans Sliced Pears Low Fat Milk	3 Chicken Cheese Quesadilla Carrot Coins Pineapple Tidbits Low Fat Milk	4 Chicken Stir-Fry Over Rice Sliced Bread Broccoli Sliced Peaches Low Fat Milk	5 Taco Pizza Peas Applesauce Low Fat Milk
8 Chicken Cheese Steak Carrots Pineapple Tidbits Low Fat Milk	9 Hot Dog on a Bun Baked Beans Sliced Peaches Low fat Milk	10 Meatball and Mozz Hoagie Green Beans Mixed Fruit Cup Low Fat Milk	11 Mac and Cheese with Dinner Roll Broccoli Mandarin Orange s Low Fat Milk	12 Meat Lovers Pizza Peas Applesauce Low Fat Milk
15 Cheesy Chicken Nachos w/Sliced Bread Broccoli Pineapple Tidbits Low Fat Milk	16 Brunch for Lunch! French Toast Sticks with Sausage and Syrup Tater Tots Mandarin Oranges Low Fat Milk	17 Popcorn Chicken Bowl with Mashed Potatoes Corn Sliced Peaches Low Fat Milk	18 Breaded Pork Chop with Gravy Sweet Potatoes Mixed Fruit Cup Low Fat Milk	19 Steak and Cheese Pizza Peas Applesauce Low Fat Milk
22 Grilled Cheese with Tomato Soup Mixed Vegetables Sliced Peaches Low Fat Milk	23 Pasta with Meat Sauce and Whole Wheat Bread Green Beans/Tossed Salad Sliced Pears Low Fat Milk	24 Sloppy Joe on a Bun Peas Pineapple Tidbits Low Fat Milk	25 Steak and Cheese Hoagie Broccoli Mandarin Orange Slices Low Fat Milk	26 White Pizza Green Beans Apple Sauce Low Fat Milk
29 NO SCHOOL TODAY 	30 Beef Taco Salad with Lettuce, Tomato, Shredded Cheese, and Rice Refried Beans Sliced Peaches Low Fat Milk	31 Buck-Town Snack Wrap French Fries Pineapple Tidbits Low Fat Milk	1 Roasted Pork with Gravy and Sliced Bread Mashed Potatoes with Gravy Mixed Fruit Low Fat Milk	2 Buffalo Chicken Pizza Green Beans Apple Sauce Low Fat Milk

The Deli

Visit our "Build Your Own" Deli Station for a Wide Variety of Options including Turkey, Ham, Italian Meats, and More!

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable


***Vegetable Bar includes:**
 Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber

***Fruits include:**
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce

Milk

Milk Choices Offered Daily:
 1% white, non-fat white, non-fat flavored

Proud to manage your food service program



Lunch Prices: Paid \$2.55 Reduced \$0.40

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MENUS SUBJECT TO CHANGE